



Wexford CYPSC Newsletter

September 27th 2024

For information on services and supports for children, young people and families see [Wexford CYPSC](#)

For information on parenting supports and programmes, see [Wexford Parents Hub](#) or access on [Facebook](#)



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WEBINARS & TRAINING

► Traveller Tech Taster – October 2nd



Traveller Tech Taster

You are invited!

Join us on Wednesday 02/10/24 @6pm

FDYS, Island Road, Enniscorthy

This event is in conjunction with the FDYS Traveller Inclusion Programme

Kinia will be there to demo creative technology tools:

VR/AR

Robots

Podcasting

Coding



► Healthy Food Made Easy : Tutor Training

Healthy Food Made Easy Tutor Training

November 6th & 13th

9am – 4.30pm

Enniscorthy, Co. Wexford (Venue TBC)

Health & Wellbeing Division are seeking Tutors to deliver "Healthy Food Made Easy (HFME)" courses in the South East (CHO5)

HFME is a six week nutrition education and cooking programme which provides practical information on healthy eating and improves cooking skills by showing participants ways to provide healthy, nutritious, low cost meals and snacks.

The Tutor Training is 2 days in Enniscorthy which aims to provide an overview of the HFME Programme and includes facilitation skills and practical information on the delivery of the programme. A HFME resource pack will be provided to all participants on completion of the training.

To apply please email:

southeastHFME@hse.ie

**Closing date for applications: 14th October
2024**



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Resources

[HFME Tutor Application Form](#)

[HFME Programme Overview](#)

[HFME A4 Poster](#)

► ALL : “Digital Skills for Everyday Life” Programme

This programme recognises that there may be adults living with their wider family members across County Wexford who have a phone or tablet but may not be able to use websites to do everyday things like shop online; know where to go for welfare and MABS information; find Health, Energy saving and Community Information services; reserve a book from your local library from home or book a seat on Wexford bus and track the bus you are waiting for. All these things and more.

The series begins in Wexford library next Tuesday 1 October; followed by Gorey library on Tuesday 8th, Enniscorthy on Friday 18th; New Ross on Tuesday 22nd and Bunclody library on Tuesday 5th November. The series continues for 5 week at each location. Each series begins with an introductory session led by a tutor from WWETB who will show you how to use your device better, use the internet safely and how to use email.

In the following four sessions you learn about these information websites, you get the chance to talk to others about this over a cup of tea and then you download the website or App and practice using it. You learn while having a bit of fun.

All sessions are free but places must be booked beforehand. Contact your local library to book your place.

ALL Adult literacy for Life, through their Collaboration and Innovation Fund, have funded this digital literacy project. It is led by Wexford County Council, with partners WWETB, WLD, INTREO, and HSE.

See poster overleaf →

DO YOU FEEL LIKE YOU ARE BEING LEFT BEHIND BECAUSE EVERYTHING IS ONLINE?

LET US HELP YOU!

ALL DIGITAL SKILLS FOR EVERYDAY LIFE

Free, fun and confidential learning in your local library for 5 weeks starting in October. Wexford, Gorey, Enniscorthy, New Ross & Bunclody.

Each week an expert will join us in the library to give a practical talk and workshop on the following:

<p>Getting Started</p> <p>Use your own device – phone/iPad/laptop. Navigate the internet safely and learn how to use email.</p>	<p>Everyday Essentials</p> <p>Get signed up with your local library. Access your Credit Union online. Download Supervalu Real Rewards card, shop online and use instore scanner.</p>	<p>Money Matters</p> <p>How to use MyGov.ie/ Welfare.ie/ National Childcare Scheme and more. MABS online. How to use the website to get the advice you need.</p>	<p>Health and Wellness</p> <p>Access HSE sites and healthcare advice. CareDoc and Doctor Services.</p>	<p>Good Advice & Travel</p> <p>Where to find trusted sites for information such as Citizen's Information. Download and access Wexford Bus app to book tickets and plan your routes.</p>
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Join us each week for a 90-minute sessions and a cup of tea or coffee. Sessions are free but booking is essential. Please drop in to your local library or give them a call to book your place.

Access the [Digital Skills for Everyday Life poster](#) here.

► **Using Plain English in your Organisation’ October – December: Free NALA training webinar series**



The National Adult Literacy Agency (NALA) is hosting a free plain English webinar series '[Using plain English in your organisation](#)' for people working with members of the public.

We will discuss using plain English when designing forms, creating leaflets and writing for the web.

You can find out more details on each webinar and register at the links below.

[Webinar: Creating and designing forms - Friday 11 October, 10.00am – 11.00am](#)

Join this free interactive online workshop where we will help you to use plain English guidelines when creating online and print forms.

[Webinar: Leaflets and print materials - Tuesday 12 November, 2.00pm – 3.00pm](#)

In this interactive workshop we will help you to use plain English guidelines when creating leaflets and other print materials.

[Webinar: Writing for the Web - Friday 13 December, 10.00am – 11.00am](#)

Join this interactive online workshop where we will help you to use plain English guidelines when writing for the web.

► **Literacy Opens Doors' October – November: Free NALA training webinar series**

The National Adult Literacy Agency (NALA) is hosting a [free four-part webinar series 'Literacy opens doors'](#) for people working in the community and voluntary sector. We will discuss how we can be more aware and make changes to support people who may struggle with reading, writing and maths.

The webinars will cover topics like:

- [financial literacy and financial inclusion;](#)
- [using literacy friendly approaches to build political participation;](#)
- [making services like libraries more literacy friendly;](#) and
- [developing reading skills as a family.](#)

If you attend all four webinars in this series, you will get a NALA certificate of completion. You can find out more details on each webinar and register at the links below.

[Webinar 1: Financial literacy and financial inclusion – meeting people where they are at: Friday 25 October, 10.00am – 11.00am](#)

At this webinar you will hear from National Traveller Money Advice and Budgeting Service about their extensive experience developing literacy-friendly financial education programmes with people experiencing financial exclusion.

[Webinar 2: Literacy for social justice – the building blocks for political participation: Friday 1 November, 10.00am – 11.00am](#)

At this webinar you will hear from projects who have supported people to engage with our political systems. This helps people become active citizens and influence decisions that impact their lives.

[Webinar 3: Library literacy champions – making the library a welcoming place for everyone: Friday 8 November, 10.00am – 11.00am](#)

At this webinar you will learn about literacy friendly approaches to service provision. You will hear about the 2023 Library Literacy Champions project run by Dublin City Libraries in partnership with NALA and funded by the Adult Literacy for Life Collaboration and Innovation fund.

[Webinar 4: One Book, One Film for All – a family learning project based on Cartoon Saloon's WolfWalkers ©: Friday 15 November, 10.00am – 11.00am](#)

At this webinar you will learn about literacy friendly approaches to family learning and programmes. You will learn about a family learning project based on Cartoon Saloon's WolfWalkers ©.

PARENTING

► Free Online Information Sessions - NPC



Dear Parents,

We are excited to announce a series of **FREE online information sessions** on “Supporting your child’s positive mental health in the early years” hosted by the National Parents Council (NPC).

Why Attend?

The first five years of a child’s life are crucial for their long-term positive mental health. Our programme, developed in partnership with St. Patrick’s Mental Health Services, aims to equip you with the knowledge and tools to support your young child’s mental health at home.

Session Details:

These sessions will be held online via Zoom, offering you flexibility to join from the comfort of your home during the week of the **30th of September 2024.**

Dates and Times:

- **Monday 30th:** 7.30pm
- **Tuesday 1st:** 10am
- **Wednesday 2nd:** 7.30pm
- **Thursday 3rd:** 10pm
- **Friday 4th:** 7.30pm

What You Will Learn:

- **Meeting your child's needs:** Understanding how everyday life impacts mental health.
- **Coping with challenges:** Helping your child manage emotions and overcome obstacles.
- **Nurturing relationships:** Developing a strong, positive bond with your child.
- **Building resilience:** Supporting your child to become resilient.
- **Children's Rights:** Ensuring your child has the opportunity to live a mentally healthy life.
- **Five Ways to Wellbeing:** Practical tips for maintaining mental well-being.

How to Register:

Secure your spot now for free by [clicking here](#)

Don't miss this opportunity to enhance your parenting skills and support your child's mental well-being. We look forward to seeing you online!

Places are limited and will be allocated on a first-come, first-served basis.

This program is designed to empower parents with valuable insights on supporting their children's mental health through everyday interactions. We encourage you to take advantage of this opportunity to gain valuable knowledge and skills in supporting your child's mental health journey.

Warm Regards,

National Parents Council

CONFERENCES & CAMPAIGNS

► UNHCR “Rights Here” Communications Campaign

I am delighted to let you know that our public awareness campaign on the UNCRC will commence next Monday 23rd September.

The campaign ‘Rights Here’, is a digital, social media(Facebook, Instagram, Tiktok and LinkedIn) and radio advertising campaign which aims to increase public awareness of the UN Convention on the Rights of the Child with a simple message that ‘Children in Ireland have rights.....everywhere’. The radio ads will be broadcast on national radio stations including RTE, Today FM and Newstalk and will run over 2 weeks and the digital and social media campaign will run over 4 weeks.

Where possible, we would welcome engagement and sharing of our message across your own platforms and networks and encourage all to visit www.gov.ie/UNCRC for further information.

If there are any queries please don’t hesitate to contact me.

Best wishes

Janice Donlon (she/her) ([what's this?](#))

Assistant Principal Officer

Child Rights Policy Unit

Aonad Beartas um Chearta Leanai

An Roinn Leanai, Comhionannais, Míchumais, Lánpháirtíochta agus Óige

The Department of Children, Equality, Disability, Integration and Youth

Bloc 1, Plaza Miesach, 50-58 Sráid Bhagóid Íochtarach, Baile Átha Cliath, D02 XW14

Block 1, Miesian Plaza, 50-58 Baggot Street Lower, Dublin, D02 XW14, Freepost F5055

www.gov.ie/dcediy

E: youngireland@equality.gov.ie



An Roinn Leanai, Comhionannais,
Míchumais, Lánpháirtíochta agus Óige
Department of Children, Equality,
Disability, Integration and Youth

► **Breastfeeding Week 2024 – Coffee Morning, Enniscorthy**

WEXFORD CELEBRATES NATIONAL BREASTFEEDING WEEK 2024

“Supporting you from bump to baby and beyond”

COFFEE MORNING



Tuesday
October 1st
10:00-12:00

Presentation Arts Centre
Enniscorthy, Y21X889



mychild.ie



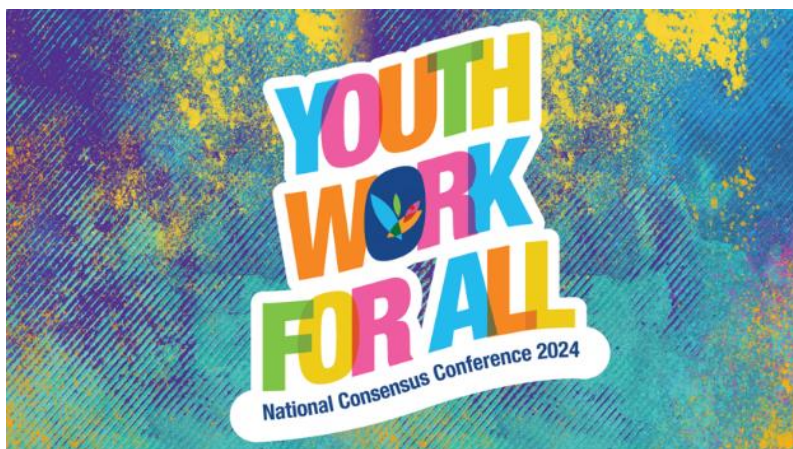
Cuidiú
Caring Support for Parenthood



La Leche League of Ireland
Breastfeeding Help & Information



► Youth Work for All – Youth Work Ireland’s National Consensus Conference 2024



Young Ireland asserts that, “...access to mainstream youth services is valuable for all young people, whatever their circumstances.” Youth Work Ireland shares this value and believes that, *as a right, there must be access to youth work for all young people in Ireland without exception.*

The **Youth Work for All Consensus Conference**, will explore this aspiration including policy intersections, the rights basis for it and the role of voluntary sector organisations in the youth work ecosystem, the needs of volunteers and young people and all other considerations which will help us to realise this important goal. Concrete steps to realise youth work for all going forward will be identified.

The conference will feature inputs, interactive workshops and panel discussions and is targeted at youth workers, youth work managers, volunteers, educators, policy makers, community development workers, students and anyone interested in learning more about universal youth work.

The conference will:

- Build on the centrality of youth work as a response to young peoples’ aspirations and needs.
- Advocate directly with policy makers and elected officials for the right of all young people to have access to quality youth work services in their local communities.
- Challenge policy makers to provide for mainstream youth work in policy, legislation and budget.
- Agree the centrality of volunteers, and voluntary-led youth work.

[Tickets can be purchased here>>](#) or find out more at www.youthworkireland.ie/youthworkforall

FUNDING

► Meet and Code 2024 – Applications are Open

Meet and Code



The Meet & Code programme provides grants of €500 to non-profits hosting events designed to introduce children and young people aged 8 - 24 to technology and coding. Events can take the form of in-person workshops, online webinars, hackathons and more.

More information, inspiration and resources can be found on our website [here](#). Applications for grants are open until **September 30th**, with events hosted until October 31st. We have already awarded over half of our allocated grants for 2024, so if you're interested do not hesitate to find out more and apply.

Who can apply?

Meet and Code is open to charities registered in the Republic of Ireland who will host events before 31st October 2024. Events must be free of charge, last a minimum of 240 minutes (in one or multiple sessions) have at least 20 attendees aged between 8 – 24 and most importantly seek to inspire and introduce young people to the world of technology and coding.

What can the grant be used for?

The grant must be used for the event and can be applied towards items such as –

- Trainer for the workshop
- License costs for online teaching tools
- Learning materials for participants including curation and shipping, e.g. work books or hardware
- Event promotion – e.g. flyers, posters, online marketing
- Technical Support – for example for online events
- Room hire for in-person events.

See here for more [information on Click & Code](#)