



Wexford CYPSC Newsletter

November 8th 2024

For information on services and supports for children, young people and families see [Wexford CYPSC](#)

For information on parenting supports and programmes, see [Wexford Parents Hub](#) or access on [Facebook](#)



CONTENTS

Webinars & Training

P.3 : Barnardos Parental Advocacy & Legal Aid Board Webinar 12th November

P.4 : NPC : Free online workshops for parents-supporting your child's positive mental health

P.6 : HSE Tobacco Free Ireland Update Webinar

P.8 : Connect Safely Webinars

Suicide Bereavement Support Group

P.9 : HUGG New Dedicated Suicide Bereavement Group in Barntown, Wexford

Conferences

P.10 : Parents Plus “Innovations in Practice” Conference 2024

Science Week

P.11 : Science Week Events for children and young people at Wexford Town Library

Funding

P.13 : Irish Youth Foundation Flagship Fund 2024

Literacy

P.14 : Age Well Coffee Morning: Exploring your Superpower for Ageing Well

P. 16 : Webinar: Launch of WWETB’s Digital Literacy eLearning Videos

WEBINARS & TRAINING

► Barnardos Parental Advocacy & Legal Aid Board Webinar 12th November

**IN CONVERSATION:
BARNARDOS PARENTAL ADVOCACY &
THE LEGAL AID BOARD**

WHAT?
A live webinar exploring and explaining the frequently asked questions parents bring to their solicitors in childcare proceedings.

WHEN?
Tuesday, 12th November, from 1pm
- 1.30pm

WHERE?
[Click here to join the conversation](#)

WATCH OUR SERIES
[Click here to watch the previous webinars in the series](#)

RCN 20010027

Barnardos
Because childhood lasts a lifetime

An Bord Um Chúnamh Dlíthiúil
Legal Aid Board
Providing access to justice since 1979

The Barnardos Parental Advocacy & Information Service has been working in collaboration with the Legal Aid Board on a series of informative webinars. The intention of these webinars mirrors the principles of our service – to listen to, inform, and empower parents of children subject to care proceedings.

Our previous three webinars have touched on the work of the Legal Aid Board, the role of the solicitor, and the average courtroom experience. These can be accessed via our YouTube channel [here](#)

Our fourth webinar will take place live on Zoom on Tuesday the 12th of November from 1pm – 1.30pm, and will expand upon some of the frequently asked questions that parents bring to their solicitors. The webinar will be hosted by the Barnardos Parental Advocacy Service manager, Niamh McCarthy, and the Managing Solicitor at the Chancery Law Centre, Stephen Cahill. We believe this webinar series to be of huge benefit to all those affected by childcare proceedings, whether that be parents, foster parents, social workers, legal professionals, or students in the field. We would be incredibly appreciative of your attendance and participation, and would encourage you to share this information among your networks. If you'd like to attend, you can do so via the [join link](#)

If you have attended any of our previous three webinars and have not done so already, we would also be very grateful if you could fill out our [feedback form](#)

Many thanks and we look forward to seeing you on November 12th!

► **National Parents Council : Free online workshops for parents-supporting your child's positive mental health**



Are you interested in learning how to support your young child's mental health and wellbeing? In partnership with St. Patrick's Mental Health Services, the National Parents Council (NPC) is offering free online webinars that provide parents with practical advice on fostering a positive and nurturing environment for young children.

✨ The first five years are crucial for your child's long-term mental health, and the information in these sessions can empower you to support their social and emotional development through everyday interactions.

A vertical poster for the NPC Early Years workshop. At the top left is the NPC logo with the text 'NPC Early Years'. The central image shows a woman and two children sitting on the floor playing with colorful blocks. Surrounding this image are various icons: a cross, a cloud, a bed, a globe, a heart, an apple, and a bandage. At the bottom, the text reads 'SUPPORTING YOUR CHILD'S POSITIVE MENTAL HEALTH IN THE EARLY YEARS' in large, bold letters, followed by 'THE NATIONAL PARENTS COUNCIL INVITES YOU TO A FREE ONLINE INFORMATION SESSION' and '11TH - 15TH OF NOVEMBER 10AM-7.30PM'. In the bottom left corner, there's a contact box with the NPC logo and the text 'SUPPORTING PARENTS SUPPORTING CHILDREN'. To the right of this box, it says 'HAVE ANY QUESTIONS? CONTACT US @ TEL : 01 887 4034 EMAIL : INFO@NPC.IE'. On the far right, there's a QR code with the text 'SCAN HERE TO REGISTER'.

November Session Dates and Times:

Monday, 11th November at 7.30pm

Tuesday, 12th November at 10am & 7.30pm

Wednesday, 13th November at 10am & 7.30pm

Thursday, 14th November at 7.30pm

Friday, 15th November at 10am

What You Will Learn:

This programme covers essential topics to help you support your child's mental health, including: Meeting your child's needs through everyday interactions Helping your child manage emotions and cope with challenges Building resilience and fostering a positive parent-child relationship Promoting children's rights for a mentally healthy life Each interactive session includes time for a Q&A, allowing you to ask questions and receive guidance from our experienced facilitators.

How to Join: To secure your place, simply click the registration link below, and we'll send you a Zoom link to join the session.

[**REGISTER HERE**](#)

Please note that places are limited and will be allocated on a first-come, firstserved basis, so don't miss out on this opportunity to support your child's early mental health journey!
Warm regards, National Parents Council.



► Connect Safely Webinars for Young People and Parents



An Roinn Leanáí, Comhionannais,
Míchumais, Lánpháirtíochta agus Óige
Department of Children, Equality,
Disability, Integration and Youth



Connect Safely 8-11 years

Connect Safely is an online safety programme which empowers children with the knowledge and tools necessary to recognise potential online risks, make informed decisions, and take appropriate actions to protect themselves while engaging in digital activities. It also enables children to explore, learn and connect in meaningful ways within the online environment and seeks to empower young people to harness the full potential of the internet.

The programme is suitable for children aged 8-11 years. It includes the following topics: benefits and risks of the internet, cyberbullying, screen time and well-being, digital citizenship and gaming.

Access the [information brochure for 8-11 years](#) here

[Register here](#)

Connect Safely 12-18 years

Connect Safely is an online safety programme which promotes safer use of digital resources, equipping young people with the skills to safely benefit from being online. It also empowers young people to safely participate in their online communities as positive digital citizens.

The programme is suitable for young people aged 12-18 years. It covers topics such as cyberbullying, privacy settings, screen time and well-being, gaming and gambling, sexting and online relationships. More topics can be seen in the graphic below. The programme can be facilitated in person, online or through a blended approach and can be used in all youth work settings.

Access the [information brochure for 12-18 year olds](#) here.

[Register here](#)

Online Safety Webinar for Parents on November 20th

The **Connect Safely Webinar** is designed to empower parents and guardians with essential knowledge to protect their children in today's digital world. By participating, parents will gain practical tools and strategies to create a safer, more secure online environment for their families. This webinar plays a critical role in helping families navigate the risks and challenges of the online space.

How to Register : Parents, guardians and volunteers can register [here](#).

Access the flier for [Connect Safely Webinar for Parents](#) here.

► HSE Tobacco Free Ireland Update Webinar



We are pleased to invite you to the HSE Health and Wellbeing Tobacco Free Ireland Update webinar on Tuesday, 26th November, from 11:00 am to 12:30 pm. This engaging session is open to all and will be of particular interest to healthcare professionals, community and youth workers and those interested in public health and wellbeing.

Date & Time : Nov 26, 2024 11:00 AM in Dublin

Agenda:

- HSE Tobacco Free Ireland Programme update: Learn about the ongoing strategies and initiatives aimed at reducing smoking rates across Ireland.
- Quit Campaign: Hear about the national Quit Campaign, including resources and support services available for those who want to stop smoking.
- Free Nicotine Replacement Therapy: Find out how to access free nicotine replacement products, which are proven to help people quit smoking.
- E-cigarettes and Vaping: Get informed about the latest research, health guidance, and policies regarding e-cigarettes and vaping.

This webinar is a great opportunity to learn how we can collectively support a healthier, tobacco-free Ireland.

[REGISTER HERE](#)

Best regards,
Martina Blake
Tobacco Free Ireland Lead, HSE Health and Wellbeing

SUICIDE BEREAVEMENT SUPPORT GROUP

HUGG (Healing Untold Grief Group) Launched in Barntown, Co Wexford



We have launched a dedicated suicide bereavement support group in Barntown, Co. Wexford. Read the [press release](#) here.

We want to reach as many people as possible who have been bereaved by suicide and would appreciate your help in doing so. Please share the news with your networks, organisations within your local community and across social media channels ([social media images](#) and [digital assets](#) here).

Bereavement by suicide shares characteristics with other bereavements but it is also different. In addition to grieving the loss of a loved one, suicide leaves many with heavy invisible burdens to carry including unanswered questions and feelings of regret, self-blame, guilt, shame, stigma, and more. **Suicide grief can feel extremely isolating.** Being among others who understand this grief can bring comfort, hope and in time healing; for some it can be lifesaving.

All HUGG Support Groups are led by trained volunteers with lived experience of suicide loss. HUGG provides a free, non-judgemental, and safe space where people bereaved by suicide can share their experiences and feelings and receive and offer support to each other. **Please see the [flyer](#) here.**

The NEW HUGG Wexford Support Group is ideally located in Barntown making it easily accessible by car, train, and bus. We hope this support group will serve the local community and the wider surrounding towns and villages including those living in Bunclody, Enniscorthy, New Ross, and Blackwater. **The support group will meet monthly, with the first meeting on Tuesday November 26th, 7.30pm to 9.30pm.**

We know it is difficult to plan ahead and understand suicide bereavement support needs to be flexible. **Once registered with HUGG you can attend a support group as often, or as little, as you need.**

Anyone wishing to learn more, or wanting to **attend the HUGG Wexford Support Group** can simply register their interest online at www.HUGG.ie, and a member of the HUGG team will be in touch, or email support@HUGG.ie or call 01 513 4048 (monitored answering machine).

If you need any more information, please get in touch.

Kind regards,

Marie McKeon
HUGG Groups Manager

CONFERENCES

► Parents Plus “Innovations in Practice” Conference 2024



Be Inspired: Learn from leading practitioners pioneering new approaches in delivering Parents Plus programmes. Engage with best practice case studies from a variety of sectors including Family Resource Centres, Children’s Disability services and CAMHS. Leave motivated to apply these insights in your own practice.

Be Informed: Hear about the latest meta-analysis of the Parents Plus evidence base and discover new research findings on the Parents Plus Healthy Families programme.

Make an Impact: You will also have the opportunity to engage with colleagues from across sectors through interactive breakout sessions. Exchange ideas and discuss the challenges of effectively implementing parent programmes.

Whether you are already delivering Parents Plus programmes in your service or are new to our community, this interactive online session is open to you. **This is a fully sponsored Parents Plus event and free to attend.** Registrations are now [open](#).

Our Clinical Director Professor John Sharry will be moderating our Innovations in Practice Conference on November 13th, 9:15am - 11:30am.

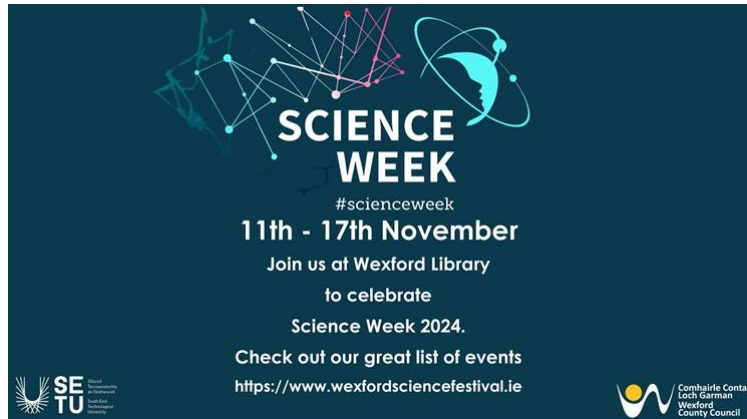
John will welcome everyone and provide context about the Parents Plus Programmes, the new programme evidence and other innovative implementations of the programmes. He will introduce a range of speakers on the day from a variety of sectors including:

- * Family Resource Centres
- * Children's Disability Services
- * CAMHS

This is free to attend and you can [book your place here](#)

SCIENCE WEEK

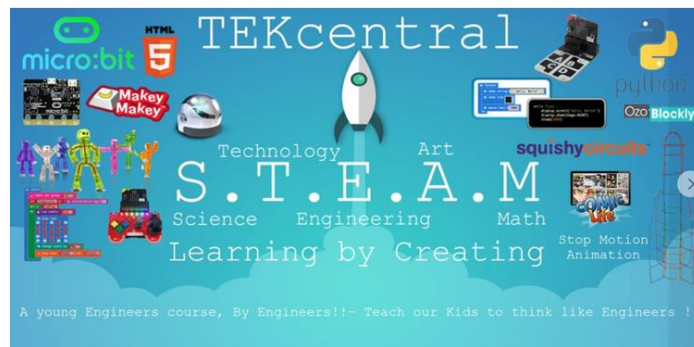
► Science Week Events at Wexford Town Library



Join us in Wexford Town Library as we mark Science Week 2024.

All events are free to attend and we look forward to welcoming you. Please note that booking is essential for most of our events.

Should you require additional supports or further information, please contact the library on 053 919 6760 or email wexfordlibrary@wexfordcoco.ie.



TEKcentral Coding Workshop

Engineers with teaching diplomas! Coding and technology classes improve maths skills, boosts creativity, promotes digital literacy and enables control of technology. Scratch - Makecode - Python - HTML - C++
Suitable for ages 6 - 12 years.

Wednesday, 13th November, 3:30pm - 4:30pm

Booking is essential : [BOOK HERE](#)

► **STEM Rhyme Time at Wexford Library**



Join us for Rhyme Time in Wexford Library every Wednesday morning from 11:00am to 11:30am. These fun, free and interactive sessions are perfect for babies and toddlers.

Please note that children must be supervised at all times.

Wednesdays at 11:00am–11:30am

Suitable for children aged 0–4 years.

No booking required.

► **STEM Story Time at Wexford Library**



Join us for Story Time in Wexford Library every Saturday morning from 11:00am to 11:30am. Children and families are invited to join in and experience the joy of stories with us.

Please note that children must be supervised at all times.

Saturdays at 11:00am–11:30am

Suitable for children aged 4–7 years.

No booking required.

FUNDING

► Irish Youth Foundation Flagship Fund 2024



The fund opens for applications on **Thursday 24th October** and closes on **Thursday 21st November 2024** at 5pm

The Irish Youth Foundation is once again opening our Flagship Fund for 2024. The goal of this fund is to support projects and programmes around the country that are focused on lifting children and young people up and out of poverty. We are primarily targeting organisations that work with children and young people experiencing poverty and marginalisation.

This fund will support work that is aligned with one of the following three focus areas for change:

- 1. Educational Attainment**
- 2. Health & Wellbeing**
- 3. Skills & Employability**

Click here to access [more information on the Flagship Fund](#)

AGE WELL ACTIVITIES

► Age Well Coffee Morning: Exploring your Superpower for Ageing Well?

When: Friday, 22 November 2024 from 9:45am to 1pm

Where: Riverside Park Hotel – for individuals aged 55 and over.

Literacy changes lives!

Literacy allows us to fully participate in society and be active citizens. It is more than reading and writing. It touches every aspect of our lives – at home, at work, at play and in the community. It allows us to:

- engage effectively with others
- understand, use, and act on information
- access services
- follow instructions and
- use technology.

Literacy increases opportunities to explore new possibilities and initiate change. It is also about having the confidence to use your skills in different situations.

At the **Age Well Coffee Morning on Friday, 22 November** we will facilitate fun and engaging activities to improve these skills. We will explore 'literacy' as a superpower for ageing well.

How can you help?

- ✓ Please promote this event within your network of colleagues, friends and family.
- ✓ Share the poster.
- ✓ Encourage and support people to register and attend.
- ✓ Bring your groups along.

Note: registration is essential! [You can register here](#) or see poster below for more options to register.

Thank you in advance for your support in making this event a success!



Adult Literacy for Life



wwetb
Board Oideachais agus Oiliúna
Board Skills and Learning
Wexford and Wexford
Education and Training Board



Your Superpower for Ageing Well?

Age Well Coffee Morning

When: 9:45am on Friday, 22 November 2024

Where: The Riverside Park Hotel, Enniscorthy

Please arrive by 9:45am to be seated!

Film for ALL

Literacy for Living Well

Writing for wellness and everyday life.

Please Register by Friday, 15 November!

Click here or

1. [Email edelfinan@wwetb.ie](mailto:edelfinan@wwetb.ie) or
2. [Telephone 086 084 5354](tel:0860845354) or
3. [Scan the QR Code](#)



I would have brought others along if I knew it was going to be fun!

We explored practically every literacy.

I was really enjoying the morning, I regret I had to leave early.

Kind Regards

Edel Finan | Edel Ní Fhionnáin

Regional Literacy Coordinator, **Adult Literacy for Life** | Comhordaitheoir Litearthachta Réigiúnach, ALL

► Webinar: Launch of WWETB's Digital Literacy eLearning Videos



When: **Wednesday, 11 December 2024 at 10am**

Where: **Online – Zoom**

Register: [Register here for Launch of WWETB's Digital Literacy eLearning Videos](#)

All are welcome! So please **register and share** with your own colleagues or network.

Join WWETB for a live webinar.

Date: Wednesday, 11 December 2024

Time: 10 am – 10:40 am

Where: Online – Zoom Webinar

Webinar Outline

- Panel discussions.
- eLearning Videos demonstration
- Learner testimonials

Panelists



Dr Lindsay Malone
FET Director
WWETB



Yvonne McKenna
Director
ALL



Liz Duffy
AEO
WWETB



Edel Finan
RLC
WWETB and ALL

