



Wexford CYPSC Newsletter

November 22nd 2024

For information on services and supports for children, young people and families see [Wexford CYPSC](#)

For information on parenting supports and programmes, see [Wexford Parents Hub](#) or access on [Facebook](#)



CONTENTS

Webinars & Training

P. 3 : Empower Your Community: Free Level 6 Family Literacy Training for Community Leaders!

P.5 : "Let's Connect – Supporting Connections with Infants in the First 1000 Days" - Free Online Webinars

P. 7: Research Study Online Parenting Programmes

Parenting Supports

P. 8 : Cyber Safe Kids Gadget Christmas Gift Guide

P. 9: National Parents Council : Free Online Webinars: Supporting Your Child's Mental Health in the Early Years

Schools

P.11: Irish Aid Our World Awards – Primary Schools

WEBINARS & TRAINING

► Empower Your Community: Free Level 6 Family Literacy Training for Community Leaders!



In collaboration with SETU, Waterford and Wexford Regional Adult Literacy Coalition is offering a free Level 6 Family Literacy module designed to empower community leaders with the skills and knowledge to develop and deliver family literacy programmes. This module is suitable to individuals already engaging with groups from the ALL (Adult Literacy for Life) Strategy target cohorts, as they will be best placed to reach families who can benefit most from literacy support.

We encourage you to nominate community leaders who can use this opportunity to make a meaningful impact, directly supporting the literacy needs of families within their communities. Attached and below, you'll find a course poster with further details and how to register.

This initiative is part of our commitment for the 2024 and 2025 Waterford and Wexford Regional Literacy Action Plan.

Further Information and Application Process : Further details of the course and how to apply are on the poster overleaf which is available to [download here](#).

Learn more about the [Adult Literacy for Life \(ALL\) Strategy](#) here.



setu.ie



Adult Literacy for Life



SE TU

Ollscoil Teicneolaíochta an Oirdheisirt
South East Technological University

Waterford and Wexford Regional Adult Literacy Coalition

Certificate in Family Literacy

This **FREE** offering of a NFQ Level 6, 10 Credit, Certificate in Family Literacy introduces participants to the theory and practice of family literacy, in order to support adult learners with literacy difficulties. The programme will enable participants to recognise and understand the literacy needs of adult learners accessing support services through ETB's and other providers. Throughout the programme, participants will reflect on, recognise and learn from their own experience in the light of relevant theory. The personal and professional development of each participant, located in Waterford / Wexford is a priority, in an environment of peer group support. The participant for this programme needs to be a community leader with access to a group to deliver a family learning activity as part of the assignment.

SETU - WATERFORD
Level 6
10 credits



Adult Literacy for Life



SE TU

Ollscoil Teicneolaíochta an Oirdheisirt
South East Technological University

Certificate in Family Literacy

This NFQ Level 6, 10 Credit module aims to provide participants with an understanding of the relationship between social interaction and acquiring literacy and they will be enabled to develop appropriate strategies to promote family literacy and develop effective family literacy programmes.

The programme is delivered over four Thursdays from 16th January - 6th February 2025 where the mode and venue of delivery will be decided upon application

How do I apply?

Online application forms are available at www.setu.ie/ldc or Literacy.WD@setu.ie.

Programme Leader

Catriona Warren
E: Literacy.WD@setu.ie

Follow @setuireland on    

Download the [Certificate in Family Literacy poster](#) here

► **”Lets Connect – Supporting Connections with Infants in the First 1000 Days” -Free Online Webinars**

The Dublin City South Infant Health & Wellbeing Working group are delighted to share with you information regarding 3 upcoming **FREE** online lunchtime webinars as part of the 'Lets Connect- Supporting connections with infants in the first 1000 days events for **professionals** working with families.

The Lunchtime webinars in association with ISPC are open to all to attend

- **‘New-born Baby Behavioural Observation’**- supporting parents to connect with their new-born babies *Tuesday 3rd December*
- **‘Listening to babies’**, how to take account of infants’ views and rights – *Wednesday 4th December*
- **‘Let’s Connect’** – becoming a mother can be lovely but sometimes lonely – the voice of women in the perinatal period- findings and campaign *Thursday 5th December*

Each webinar takes place from 1-2pm and we look forward to seeing you there.

Registration is now open and we would appreciate if you could share the webinars information to all anyone who might be interested. The webinars have individual registrations and you are welcome to join us for 1, 2 or all 3!

DATE	Subject	Speaker	REGISTER HERE
3 rd Decemeber2024 13:00- 14:00	New-born Baby Behavioural Observation- supporting parents to connect with their new-born babies.	Speaker - Trish Hurley – Let’s Grow Together (Cork) Overview of what NBO is and how it can support parent infant relationships.	Register here
4th Decemeber2024 13:00- 14:00	'Listening to babies, how to take account of infants’ views and rights	Carmel Ward – Research and Evaluation Officer with Early Childhood Ireland. This will be an overview of how those working with babies and very	Register here

		young children can engage with them to capture their views.	
5th Decemeber2024 13:00-14:00	Let's Connect – becoming a mother can be lovely but sometimes lonely – the voice of women in the perinatal period- findings and campaign	Niamh Crudden – Co Chair of the Perinatal Infant and Early Childhood Mental Health Working Group- HSE. This will an overview of the research that informed 2024's Maternal Mental Health Weeks campaign and the collaboration with the RCSI to capture the experiences of women in the perinatal period that led to the campaign.	Register here

► Research Study Online Parenting Programmes

The HSE Mental Health and Wellbeing programme in collaboration with the Healthy Childhood Programme invite applications from digital parenting programme providers to nominate their evidence-based programme to take part in a research study examining the potential of universal online positive parenting programmes.

From January 2025, we are seeking to deliver two digital parenting programmes to parents of children aged 5-12 years - (i) self-directed online parenting programme (ii) group-based programme with live facilitated support). An independent research study will be commissioned to examine the feasibility, desirability and viability of digital parenting interventions.

Please see attached RfTs for the parenting interventions. We would really appreciate your support in cascading these RfTs to programme providers working across CYPSC who may be interested in applying.

The closing date for applications is 6th December 2024. If you have any questions about the RfTs, please don't hesitate to get in touch.

Kind regards

Aleisha

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Further Information;

[Digital Parenting Self-Directed Intervention](#), click here

[Digital Parenting Group Based Intervention](#), click here

PARENT SUPPORTS

► Cyber Safe Kids Gadget Christmas Gift Guide



Give your child a safer online experience this Christmas

As Christmas approaches, many parents will be considering smart devices (phones, tablets, gaming consoles, wearables or smart toys) as gifts for their children. With so many options available, it can be difficult to determine which gadgets are safe and suitable for children.

To support parents and guardians in making safer, more informed decisions when buying these devices, CyberSafeKids has launched a Christmas Gadget Gift Guide. This easy-to-read guide covers:

- **The benefits and risks** of popular smart devices and toys
- **Practical tips** to help make these devices safer for your child
- **Age recommendations** to guide your device choices
- **Useful links** to the official manufacturer websites for further details

The CyberSafeKids Christmas Gadget Gift Guide is available to download for free [here](#).

Link embedded: www.cybersafekids.ie/giftguide

► **National Parents Council : Free Online Webinars: Supporting Your Child's Mental Health in the Early Years**



NPC
Early Years



Supporting your child's positive mental health in the early years

The National Parents Council invites you to a FREE online information session

26th - 28th of November



Have any questions?
Contact us @
Tel : 01 887 4034
email : Info@npc.ie

scan here to
Register



The first five years of your child's life are crucial for their long-term positive mental health. To help you support your child during these formative years, the National Parents Council (NPC), in partnership with St. Patrick's Mental Health Services, is offering **free online webinars** designed to empower parents with practical tools and advice.

 **Session Dates and Times:**

- **Tuesday, 26th November 2024** at 7.30pm
- **Thursday, 28th November 2024** at 10am

What Will You Learn?

Our programme provides insights into:

- Meeting your child's needs – how everyday life impacts their mental health
- Coping with challenges – helping your child manage emotions and build resilience
- Developing a strong parent-child relationship
- Promoting children's rights for a mentally healthy life
- The Five Ways to Wellbeing

These interactive webinars are designed to provide practical advice and tools to help you nurture your child's mental health through everyday interactions.

How to Join:

To secure your spot, simply click the registration link below. Places are limited and will be allocated on a first-come, first-served basis.

[Register Here](#)

Don't miss this opportunity to gain valuable insights and support your child's mental health and well-being during these crucial early years.

Warm regards,

National Parents Council

SCHOOLS

► Irish Aid Our World Awards



Now in its 20th year, the Our World Awards is a simple and flexible platform for 3rd to 6th class primary school pupils and their teachers to learn how Irish Aid, the Government's International Development Programme, is working with partners around the world to create a fairer, safer and more sustainable world through the United Nations Sustainable Development Goals.

Aligning seamlessly with the Primary School curriculum, Our World Awards offer teachers an exciting opportunity to inspire pupils to explore global citizenship, sustainable development and social justice through creative projects and classroom activities. The programme has been designed to help teachers cope with the demands of a packed curriculum. See our **free ready-to-use resources** for your 3rd – 6th class pupils at <https://ourworldawards.ie/teacher-zone/lesson-plans>.

Register for your free class pack containing Pupil's Magazines at <https://ourworldawards.ie/register-submit/>

We would encourage all pupil's to prepare and submit a project on their learnings to Our World Awards to be in with a chance to attend the National Finals in Dublin Castle, May 2025 plus the opportunity to win some prizes along the way. We look forward to seeing your entries to Our World Awards 2025!