

## Wexford CYPSC Newsletter

November 15th 2024

For information on services and supports for children, young people and families see
<u>Wexford CYPSC</u>

For information on parenting supports and programmes, see <u>Wexford Parents Hub</u> or access on <u>Facebook</u>



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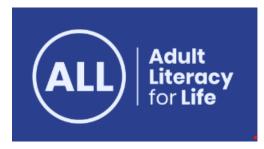
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## **WEBINARS & TRAINING**

# Empower Your Community: Free Level 6 Family Literacy Training for Community Leaders!



In collaboration with SETU, Waterford and Wexford Regional Adult Literacy Coalition is offering a free Level 6 Family Literacy module designed to empower community leaders with the skills and knowledge to develop and deliver family literacy programmes. This module is suitable to individuals already engaging with groups from the ALL (Adult Literacy for Life) Strategy target cohorts, as they will be best placed to reach families who can benefit most from literacy support.

We encourage you to nominate community leaders who can use this opportunity to make a meaningful impact, directly supporting the literacy needs of families within their communities. Attached and below, you'll find a course poster with further details and how to register.

This initiative is part of our commitment for the 2024 and 2025 Waterford and Wexford Regional Literacy Action Plan.

**Further Information and Application Process** : Further details of the course and how to apply are on the poster overleaf which is available to <u>download here</u>.

Learn more about the <u>Adult Literacy for Life (ALL) Strategy</u> here.







### Waterford and Wexford Regional Adult Literacy Coalition

#### Certificate in Family Literacy

This **FREE** offering of a NFQ Level 6, 10 Credit, Certificate in Family Literacy introduces participants to the theory and practice of family literacy, in order to support adult learners with literacy difficulties. The programme will enable participants to recognise and understand the literacy needs of adult learners accessing support services through ETB's and other providers. Throughout the programme, participants will reflect on, recognise and learn from their own experience in the light of relevant theory. The personal and professional development of each participant, located in Waterford / Wexford is a priority, in an environment of peer group support. The participant for this programme needs to be a community leader with access to a group to deliver a family learning activity as part of the assignment.

## setu.ie

SETU - WATERFORD Level 6 10 credits





#### **Certificate in Family Literacy**

This NFQ Level 6, 10 Credit module aims to provide participants with an understanding of the relationship between social interaction and acquiring literacy and they will be enabled to develop appropriate strategies to promote family literacy and develop effective family literacy programmes.

The programme is delivered over four Thursdays from 16th January - 6th February 2025 where the mode and venue of delivery will be decided upon application

#### How do I apply?

Online application forms are available at www.setu.ie/ldc or Literacy.WD@setu.ie.

#### Programme Leader

Catriona Warren E: Literacy.WD@setu.ie

Follow @setuireland on 🄰 f 🞯 in

Download the Certificate in Family Literacy poster here

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## CAMPAIGNS

#### Bereaved Children's Awareness Week : ICBN



This year's theme is **' Children grieve too. So, what can you do?'** We are asking everyone to get involved in the campaign. This can be done, for example, by hosting a stand/display in your job, screening a webinar with your colleagues, getting involved in the conversation on social media, or sharing resources.

If you are doing something for the campaign, please let us know we would be happy to support you in any way we can. If you are hosting a public event we would love to include it on our website, get in touch if you would like materials posted, email <u>icbn@hospicefoundation.ie</u>



#### Upcoming webinars:

#### Exploring Safe Harbour – Supporting Children Bereaved By Suicide

Friday, 22nd of November

12:30pm – 2pm

**Register here** 



#### A Health Promoting Approach to Children's Bereavement Support

Date: Tuesday, 26th of November

**Time:** 12pm – 1pm

**Register here** 



#### Supporting Bereaved Children: An Open Evening for Parents & Carers

Date: Tuesday, 26th of November

Time: 7:30pm – 9pm

**Register here** 



#### **Teachers: Supporting Bereaved Students**

Date: Wednesday, 27th of November

**Time:** 4pm – 5;30pm

**Register here** 

Any questions or queries please do not hesitate to contact us.

#### Dearbhla Ní Mhaolagáin

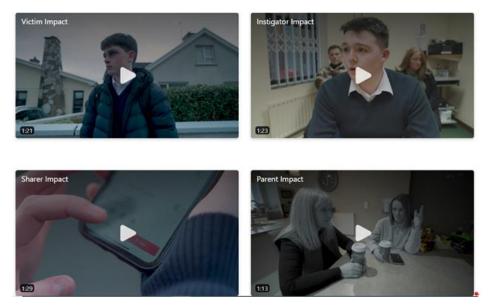
Bereavement Network Support Officer

01 963 1131

01 679 3188 (main reception)

dearbhla.nimhaolagain@hospicefoundation.ie

## "We Don't Want This" – Series of Videos Promoting Awareness About Youth Violence



Access the <u>"We Don't Want This"</u> videos here

A series of videos to promote awareness of the increase in youth violence being recorded on mobile phones and shared across social media platforms was officially launched on 17th September in Donegal. The 'We Don't Want This' campaign comprises of four short films which focus on the victim of violence, the aggressor, the victim's parents and the by-stander who records the incident.

Funded by Tusla the four thought-provoking videos address the growing number of peer-onpeer violent incidents taking place in the county, and how they impact on those involved and their Donegal North Central Child and Family Support Network collaborated with Tusla, Foróige Youth Diversion Project, Donegal Youth Service, Local Youth and Family Service, Donegal Domestic Violence Service, An Garda Siochána, Loreto Community School, Milford, and The Donegal Youth Council to consider how to address these growing concerns.

Young people from Donegal worked with representatives from these organisations to explore how best to raise awareness around the issue of youth violence. The young participants generated ideas and content for a series of short videos which they also feature in. Re-Act Productions, based in Donegal, came onboard to produce the final set of videos.

This Donegal North Central Child and Family Support Network project has been funded under Donegal Tusla and Donegal CYPSC.

Click here to view the '<u>We Don't Want This'</u> videos.

## PARENTING

## Request for information on parenting events taking place in December 2024



An Roinn Leanaí, Comhionannais, Míchumais, Lánpháirtíochta agus Óige Department of Children, Equality, Disability, Integration and Youth

Is it too early to mention that most wonderful time of the year? Not for us, as we are now seeking details of any parenting initiatives which will be taking place during December. Of course, information on any Christmas related events is welcomed.

A selection of events will be promoted across DCEDIY social media channels throughout the month of December to raise awareness among parents of the supports available to them in their locality. Details of upcoming events can be provided via a short survey by clicking <u>here</u>.

It would be appreciated if details of any upcoming events could be provided by Wednesday **27 November** to allow time for the DCEDIY Communications team to develop content for sharing across DCEDIY social channels.

You can check across DCEDIY social channels for your event and please feel free to like and share our social posts. We also encourage you to circulate this email to any service within your network that may have an upcoming parenting event which they wish to promote.

May we request that information on upcoming events is submitted through the survey link above. However, if you experience any issues using the survey or if you have any queries, please do not hesitate to email <u>parentingsupport@equality.gov.ie</u> for assistance.

Thank you for your continued support of this initiative.

Kind regards

The Parenting Support Policy Unit

## **SURVEYS / RESEARCH**

### One Family National Parents Survey



**One Family**, Ireland's national organisation for one-parent families, has launched the first dedicated <u>national survey</u> aiming to document the experiences and challenges of lone parents and their children living in Ireland. Their participation will help develop research that can build a comprehensive picture of the significant and sustained life challenges faced by one-parent families across the country.

We are looking to hear from anyone parenting alone, sharing parenting or going through separation. This includes parents, step-parents, someone caring for a child on their own as a kinship carer, guardian or foster parent Their participation will help develop research that can build a comprehensive picture of the significant and sustained life challenges faced by one-parent families across the country.

One Family National Parents Survey: <u>https://onefamily.ie/policy-research/surveys/national-parents-survey/</u>

Survey remains open until 5 December 2024.

This initiative has been funded by **Community Foundation Ireland**, to promote equality, enhance wellbeing, and support financial and social inclusion for the most disadvantaged groups in Irish society.

## ► Children's Health Ireland Research "Coping With Infant Crying"



We would greatly appreciate your assistance in recruiting for our project "Coping with infant crying" by displaying the attached poster in an area which will be visible to caregivers of infants of 6 months and under. We are a group of Paediatric Healthcare Workers interested in understanding the response of caregivers in Ireland to infants crying. We have devised an anonymous survey which is available in a digital format through the QR code on the poster. The link includes a patient information page and consent form. The questionnaire takes approximately 5 minutes to complete online, and can be done on your phone. We wish to encourage carers to disseminate the survey widely amongst their own networks of other caregivers of young infants.

As Healthcare Workers we are conscious that many caregivers struggle with infant crying. Normal healthy babies can cry for 2-3 hours a day leaving carers feeling overwhelmed and distressed. We hope to gain insights into caregivers' perceptions of crying, their response to it, and how prepared they felt prior to taking on the role of caring for the infant in question. We hope that the information gathered will inform supports for caregivers, and help us to guide those with an inappropriate response. We aim to develop resources and supports for all caregivers of young infants and to target any particularly vulnerable populations identified by the survey.

This project has been granted ethical approval by the Ethics and Research committee of Children's Health Ireland (REC-308-23) and was also granted approval to proceed from the Data Protection Office at Children's Health Ireland. The survey will run until June 20th 2025.

Please find poster overleaf. If you have any further queries please do not hesitate to contact us at the following address starprojectire@gmail.com.

Kind Regards,

- Dr. Emma Curtis, Consultant Paediatrician, CHI at Tallaght
- Dr. Aisling Geoghegan, Consultant Paediatrician, CHI at Crumlin
- Dr. Aisling O'Riordan, Consultant Paediatrician, University Hospital Limerick

Dr. Sabine Maguire, Consultant Paediatrician, Cardiff University

Ms. Eimear Gilchrist, Child & Adult Safeguarding Lead CHI

- Ms. Noelle O'Keeffe, Senior Counselling Psychologist, CHI at Tallaght
- Ms. Jacqueline Crowley, Clinical Nurse Manager, CHI at Tallagh



# 'Are you caring for a baby under 6 months old?'

Please take this survey to help us understand how you feel about infant crying.

Scan the QR code or go to the following link for more information and to take the survey <u>https://tinyurl.com/29pkhzwm</u>

SCAN ME

Survey closes 20th June 2025

CRA Registered Charity Number (RCN): 20202295 Revenue Charitable Status CHY: 22235

www.childrenshealthireland.ie



Access the poster here.

## Local Mental Health Forums



Mental Health Forums are for people who access services, family members and supporters, service providers and interested community members and groups. This is a partnership approach to mental health service improvement where we meet every 4-6 weeks to take feedback, progress plans, and decide together how to improve things for everyone.

For more information, contact SEMHForum@hse.ie On behalf of Paul Fallon. Area Lead Manager, Mental Health Engagement, Mental Health Service SECH Working with Service Users, Families & Carers St. Canices's Hospital, Kilkenny, R95P231 T: 086 7812951 / 056 7720591

Your next local forum will take place

Tuesday 19th of November in Wexford Mental Health Association Henrietta Street Wexford Town 2pm





## **Exciting Events at Gorey Family Resource Centre**

## McDermott Street, Gorey, Y25KT98



#### November

**Tuesday 19<sup>th</sup> November** 2pm – 4pm – an invitation to join us on International Men's Day to celebrate men and the positive value that men bring to the world, their families and communities. Come along for some fun, information and activities and to find out what is available in the centre for you. We would also love to hear what you would like to see us doing!

Wednesday 27<sup>th</sup> November – we have a Christmas Shopping Trip to Dundrum Shopping Centre – we have a coach leaving the centre at 9am returning for 5pm €5.00 a ticket – please call in the Centre to book a place.

#### December

**Monday 2<sup>nd</sup> December** – 10am to 1pm – we are having a get together in recognition of the 16 days of action against domestic violence, we have representatives from Wexford Women's Refuge and Wexford Traveller Women on hand with information and help

**Thursday 5<sup>th</sup> December** - 10am – 1pm our Christmas celebrations the morning will be filled with fun, activities, surprises, treats and special guests so come in and join us and help us celebrate!

#### Groups

**Craft Group** the group will meet on Monday 18<sup>th</sup> November and Monday 25<sup>th</sup> November from 11am to 1pm. The final date for 2024 is 25<sup>th</sup> November and will restart Monday 13<sup>th</sup> January 2025 with a new time of 10.30am to 12.30pm

## **FUNDING**

## ► Irish Youth Foundation Flagship Fund 2024



The fund opens for applications on **Thursday 24th October** and closes on **Thursday 21st November 2024** at 5pm

The Irish Youth Foundation is once again opening our Flagship Fund for 2024. The goal of this fund is to support projects and programmes around the country that are focused on lifting children and young people up and out of poverty. We are primarily targeting organisations that work with children and young people experiencing poverty and marginalisation.

This fund will support work that is aligned with one of the following three focus areas for change:

- **1. Educational Attainment**
- 2. Health & Wellbeing
- 3. Skills & Employability

Click here for further details and information on how to apply.