



## Wexford CYPSC Newsletter

June 21st 2024

For information on services and supports for children, young people and families see [Wexford CYPSC](#)

For information on parenting supports and programmes, see [Wexford Parents Hub](#) or access on [Facebook](#)



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## WEBINARS & TRAINING

### ► Foster Care Information Sessions



#### Local Information Sessions In June

Local information events will be on next week and are a great chance to meet our fostering teams face-to-face and find out more about fostering.

Local information events will be held on:

#### Waterford

- 19th June - Woodlands Hotel, Dunmore Rd, Waterford - 10.00am-11.30am
- 19th June - Woodlands Hotel, Dunmore Rd, Waterford - 6.30pm-8.00pm

#### Dungarvan

- 19th June - Park Hotel, Dungarvan, Co Waterford- 10.00am-11.30am
- 19th June - Park Hotel, Dungarvan, Co Waterford- 6.30pm-8.00pm

#### Wexford

- 20th June - Riverbank Hotel, Wexford – 10am-12pm
- 20th June - Riverbank Hotel, Wexford – 7pm-9pm

#### Online information sessions in June

Online information sessions provide a unique opportunity to find out more about fostering from our teams and experienced foster carers:

- Thursday 20<sup>th</sup> June – 7pm – 8pm
- Wednesday 26<sup>th</sup> June – 7pm – 8pm

► **FoodCloud in collaboration with the EPA, have launched a new FREE online course.**

"Reducing Food Waste In The Home," is now available for everyone to enjoy at their own pace! Join us to discover the secrets of food waste prevention and budget savings by learning how to think differently about best before and use-by dates, food storage techniques, smart shopping lists for savings, and more!

This course has been proudly created under the FoodCloud Academy's 'Thrive Together' Project, and funded by the Department of Environment, Climate, and Communications' Community Climate Action Programme: Climate Education, Capacity Building, and Learning by Doing (Strand 2).

Access and information on the course can be seen on our FoodCloud Academy [course and workshop page](#).



 **FoodCloud, in collaboration with the EPA, has launched a new FREE online course "Reducing Food Waste In The Home"**

This free 3-week online course has been created under the FoodCloud Academy's 'Thrive Together' Project, a testament to our commitment to environmental stewardship. Learn about the problem surrounding food waste, how you can reduce food waste at home, and how to go beyond your home to help your community.



"Reducing Food Waste In The Home," is available for everyone to enjoy at their own pace! Join us to discover the secrets of food waste prevention and budget savings by learning how to think differently about best before and use-by dates, food storage techniques, smart shopping lists for savings, and more!



Access and information on the course can be seen on our FoodCloud Academy [course and workshop page](#).  
[food.cloud/academy/courses-and-training](https://food.cloud/academy/courses-and-training)

 **FoodCloud**

## ► Consultations for the National LGBTI+ Inclusion Strategy



**An Roinn Leanaí, Comhionannais,  
Míchumais, Lánpháirtíochta agus Óige**  
Department of Children, Equality,  
Disability, Integration and Youth

Share your thoughts with us on priorities for the successor to the National LGBTI+ Inclusion Strategy.

To complete this submission template, you need to be at least 18 years old. The submission portal will be open until **Friday 5th July 2024**.

[Complete the survey](#) here.

### **Purpose**

The Department of Children, Equality, Disability, Integration and Youth is developing a successor strategy to the National LGBTI+ Inclusion Strategy (2019-2021) to promote inclusion, protect rights and to improve quality of life and wellbeing for LGBTI+ people; enabling them to participate fully in Ireland's social, economic, cultural, and political life.

As part of this process the Department wants to gather the views of members of the LGBTIQ+ community and those who engage with LGBTIQ+ issues through their own lived experience, at a local level, in a manner that will contribute most effectively to the development of a new whole of lifecycle strategy.

A series of regional consultation workshops will be facilitated by key LGBT experts - Dr. Grainne Healy and Dr. Kathy Walsh, in partnership with LGBT Ireland. The regional consultations are aimed at those aged 18 and over. A separate consultation process will take place with children and young people.

Please follow the relevant link to the register your interest in attending a consultation and to detail any accessibility requirements. Please note that ISL interpretation will only be available at the online consultation workshop on 2nd July.

### **Regional Consultations**

**-Dublin:** *Thursday 13th June, 6pm – 9pm*, Macro Community Resource Centre, Dublin 7, **Register [here](#)**

**-Galway:** *Saturday 15th June 2pm – 5pm*, Amach! LGBT Galway, Galway, **Register [here](#)**

**-Cork:** *Monday 17th June, 6pm – 9pm*, South Parish Community Centre, Cork, **Register [here](#)**

**-Dundalk:** *Monday 24th June, 6pm – 9pm*, Outcomers Dundalk, Co. Louth, **Register [here](#)**

**-Portlaoise:** *Tuesday 25th June, 6pm - 9pm*, Youth Work Ireland Laois, Portlaoise, Co. Laois, Register [here](#)

**-Online (with ISL signers):** *Tuesday 2nd July, 6pm – 9pm*, Via ZOOM, Register [here](#)

A series of targeted focus group discussions will also be held in order to ensure that the voices of more marginalised members of the LGBTIQ+ community are adequately heard.

### **Online Submissions**

Individuals and organisations can also make a written online submission. To make a submission, you need to be at least 18 years old. The submission portal will be open until Friday 5th July 2024 and can be accessed [here](#). Please note that responses made by individuals will not be individually identifiable. Please note that submissions will not be responded to.

### **What we will do with your response**

A report on the findings of the consultation process will be developed to inform the design and development of a successor Strategy to the National LGBTI+ Inclusion Strategy. This report may be published.

► **FREE WORKSHOPS** designed to combine the magic of movies with the power of the written and spoken word!

Attention #Wexford

Gorey School of Art, WWETB and Adult Literacy for Life working together.



**Improve READING & ENGLISH SKILLS through the Magic of Movies!**

- SEE Award-Winning Short Films
- DO Creative Activities
- ENJOY Community Connection



**BOOK NOW**



deirdre.robinson@gsa.ie

Ever thought about improving your **READING** and **ENGLISH SKILLS** while watching award-winning Films? 🏠 🎬

Join Gorey School of Art's **FREE WORKSHOPS** designed to combine the magic of movies with the power of the written and spoken word!

📅 Date: Wednesday 3rd & Wednesday 10th JULY 2024

🕒 Time: 6-9PM

📍 Location: GOREY SCHOOL OF ART.

- See **AWARD-WINNING SHORT FILMS**.
- Meet a **FRIENDLY COMMUNITY** of like-minded movie lovers and learners.
- Enjoy **FUN ACTIVITIES** that bring language and film together

Don't miss out on this unique opportunity to transform your reading skills while enjoying the silver screen. 18+ . Suitable for all levels.

Sign up now, email: [deirdre.robinson@gsa.ie](mailto:deirdre.robinson@gsa.ie)

#ReadingAndFilm #WorkshopFun #LearningThroughMovies

## FUNDING / OPPORTUNITIES

### ► “Wexford Girls Get Active” Initiative invites Expressions of Interest



#### **Background**

According to Sport Ireland’s “Girls Get Active” research (2021), evidence suggests that only 7% of girls 14-15 years and 5% of girls 16-20 years are meeting the recommended physical activity guidelines. (*Moderate to Vigorous Physical activity for at least 60 minutes a day*). This research has established that the term “Sporty” or “sporty person” is strongly linked with disengagement of physical activity/sports within the teenage girl population. In Ireland, Sport Ireland recognise the need for additional support and have established the “Her Moves” campaign, designed to inspire, and support more teenage girls to be active.

#### **Initiative Description**

With this fantastic momentum growing, Wexford Children and Young People’s Services Committee (CYPSC) is delighted to announce the **Wexford Girls Get Active** Initiative. This is funded through Healthy Ireland and is being delivered in partnership with Sports Active Wexford and Gorey Youth Needs Group. This will provide teenage girls in Wexford with an opportunity to get active in a fun, social and non-judgemental environment.

This initiative will include an eight-week physical activity programme where a qualified instructor/coach will provide one session a week for eight weeks on one activity. A theme incorporating a selection of similar activities will be offered to interested organisations. Each organisation will be given an opportunity to name their preferred activities. We will endeavour to match each group to its preferred activity. However, this may not be possible in all instances. This will depend on location and the resources of the applicant.

Empowering teenage girls and giving them a voice will be of the utmost importance throughout this initiative. The girls should select the preferred theme and choice of activities themselves. This will ensure that they engage with the initiative when it is rolled out and creates the opportunity for sustainability upon its completion. Please view the eligibility criteria to observe if you are eligible to apply.

Expression of Interest forms must be returned to [Nicola.collins@wexfordcoco.ie](mailto:Nicola.collins@wexfordcoco.ie) by **Friday 28<sup>th</sup> of June** by **5pm**. Late submissions will not be accepted.

► **Expression of Interest Form, click [here](#)**

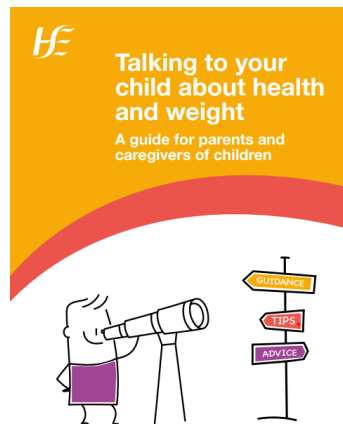
► **Costings Form, click [here](#)**



## RESOURCES

### ► HSE Resources re: Childrens Health & Weight

The HSE has developed a guide for “**Talking to your child about health and weight**” for parents and caregivers. The aim of this guide is to help all parents and caregivers have positive conversations with their children about health and weight. It gives tips and advice on what to say and do to help children thrive and feel good about their bodies.



Download the guide [“Talking to your child about health and weight”](#)

**Improving Children’s Health in Ireland : A Communications Guide for talking about children’s health and obesity.** This guide is for anyone communicating about children’s health and obesity in Ireland. It provides evidence-based, practical communications tips and advice to help shift people’s thinking, build understanding and increase support for policies and programmes that will help children thrive.



Download [Improving children’s health in Ireland: A communications guide for talking about children’s health and obesity](#)