



## Wexford CYPSC Newsletter

July 26th 2024

For information on services and supports for children, young people and families see [Wexford CYPSC](#)

For information on parenting supports and programmes, see [Wexford Parents Hub](#) or access on [Facebook](#)



## CONTENTS

### **Workshops & Training**

P.3 : Fleadh Cheoil Music & Movement Workshops from WMHA

P.5 : Discover the Magic of Gardening

P.7 : Leárgas Rural Youthwork Opportunity

### **Funding**

P.8 : St. Stephen's Green Family Matters Grant Programme

P.9 : Community Centres Investment Fund 2024 - Refurbishment Grant

### **Wexford CYPSC Website**

P.10 : Wexford CYPSC Website Services Update

## WORKSHOPS & TRAINING

### ► Fleadh Cheoil Music & Movement Workshops from WMHA

#### Dance & Movement

A gentle & fun workshop including traditional music, céilí set dancing & two-handed dances.



#### Percussion Workshop

Get into the rhythm! Learn to play different percussive instruments such as Drums & Bodhrán.



#### Perform On-Stage

Perform live on the Gig Rig stage with other workshop participants.



#### Supported By



#### WORKSHOP LOCATIONS

**Wexford Mental Health Association Henrietta St, Wexford**  
and  
**Lochrann Centre Cinema Lane, Wexford**

To book workshops contact  
**Wexford Mental Health Association**  
Phone **053-9134610**  
or  
Email  
**wexfordmha@mentalhealthireland.ie**



Scan the QR code to  
**VISIT OUR WEBSITE**  
[wexfordmentalhealthassociation.ie](http://wexfordmentalhealthassociation.ie)

**6TH-8TH AUG**



**WEXFORD MENTAL HEALTH PRESENTS**

# Fleadh Cheoil Music & Movement Workshops



Download [Music & Movement Workshop Flier Pg. 1](#)

## FUN, ACCESSIBLE & INCLUSIVE

6TH-8TH AUGUST

Whether you are a complete beginner or an avid musician, there is an activity suited to everyone.

- Create music in a fun & friendly atmosphere.
- Group music lessons with professionally trained instructors.
- All abilities welcome.

### Instrument Workshops for Beginners

We will be offering beginner workshops in Fiddle, Tin Whistle, Guitar, Ukulele & Accordion



### Singing & Harmony



Learn the lyrics & harmonies to traditional Irish songs & ballads.

	WMHA, Henrietta St.	Lochrann Centre, Cinema Lane
<b>Aug 6th</b> 10:00-11:30	Fiddle & Guitar with Emily Redmond & Luke Cosgrave	Music & Movement with Vivian Brodie Hayes Céilí & Two-Hand Dances with Clement & Kathleen Gallagher
12-1pm	Tin Whistle & Accordion with Karen Johnson, Emily Redmond & Luke Cosgrave	Song & Harmony Workshop (Traditional Songs & Ballads with Ruth Gallagher)
2-4pm	Group Workshop for all Instruments & Abilities with Karen, Emily, Luke & Paddy Doyle	Drumming Workshop with Nick Bailey
<b>Aug 7th</b> 10:00-11:30	Fiddle & Guitar with Emily Redmond & Luke Cosgrave	Music & Movement with Vivian Brodie Hayes Céilí & Two-Hand Dances with Clement & Kathleen Gallagher
12-1pm	Tin Whistle & Accordion with Karen Johnson, Emily Redmond & Luke Cosgrave	Song & Harmony Workshop (Traditional Songs & Ballads with Ruth Gallagher)
2-4pm	Group Workshop for all Instruments & Abilities with Karen, Emily, Luke & Paddy Doyle	Drumming Workshop with Nick Bailey
6:20pm		(TBC) Gig Rig Performance
<b>Aug 8th</b> 5pm		Traditional Session at Simon Lamberts Pub with The Session Sisters & Friends

Download [Music & Movement Workshop Flier Pg. 2](#) here

## ► Discover the Magic of Gardening

A free summer gardening course for 15- to 20-year-olds is offered by Enniscorthy Community Alliance on the 19th to 23rd August, to be held at Enniscorthy Community Allotments.



# DISCOVER THE MAGIC OF GARDENING

Free Gardening Summer Course  
19-23rd August - 9.30am to 1.30pm  
@ Enniscorthy Community Allotments  
and a day trip to Altamount Gardens, Carlow

**WHAT WILL I LEARN?**  
Get ready to flex those green thumbs!  
Dive into the art of prepping fresh soil, sowing a rainbow of blooms, and creating stunning plant displays in hanging baskets, window boxes, or pots.  
Discover the secrets of plant nutrition, the art of pruning, and the tricks to outsmart pesky weeds using mulching and other nature-inspired hacks.  
Let's turn those gardening dreams into reality!

The course is open to people aged 15-20  
All materials and tools are provided  
€20 booking deposit required but refunded on completion of the course

**HOW DO I SIGN UP?**  
Places are limited so  
Check out our website  
or contact 087 7941853

[WWW.ENNISCORTHYCOMMUNITYALLIANCE.ORG](http://WWW.ENNISCORTHYCOMMUNITYALLIANCE.ORG)

Access [“Discover the Magic of Gardening”](#) poster Pg.1



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**Open to people aged 15-20  
All materials and tools are provided**

**To Book - Check Out  
[www.enniscorthycommunityalliance.org](http://www.enniscorthycommunityalliance.org)**

Access [Discover the Magic of Gardening](#) poster Pg.2



## ► Leárgas Rural Youthwork Opportunity

I thought to let you know about an upcoming opportunity for a [study visit in Italy](#) which will take place from **7-11 October**. This is part of the work I am doing in Salto's Rural Strand of Strategic Partnerships for Inclusion (SPI) and you can find more information at [the online call on Salto's website](#).

I believe that this can be of interest to the organisations you are involved with so please feel free to share it within your networks.

As you can see the applications are now closed, **however Irish participants can still apply through the [offline application form](#) and return it to me by 30<sup>th</sup> July.**

Please feel free to reach out if you have any questions or you need any additional information about the study visit.

Kind regards,

**Vasiliki Psarra**

Strategic Engagement and Communications Team

Inclusion and Impact Officer

Vasiliki Psarra [vpsarra@leargas.ie](mailto:vpsarra@leargas.ie)



Léargas manage national and international programmes in youth work, education and training including [Erasmus+](#), [European Solidarity Corps](#) and [eTwinning](#). Find out more at the [Leárgas](#) website.

## FUNDING

### ► St. Stephen's Green Family Matters Grant Programme



The 2024 St Stephen's Green Trust (SSGT) Family Matters grant programme opens again for applications from groups working across the island. The programme aim is to **contribute to improving the system of support for families affected by convictions and imprisonment to improve rehabilitation and resettlement outcomes**. We believe that putting families at the heart of the criminal justice system is the 'golden thread' which can reduce the harm of imprisonment and contribute to rehabilitation. Evidence shows that prisoners who manage to maintain family bonds whilst in prison have significantly reduced reoffending risks upon release. Families cannot bear this burden alone and should be supported in this role.

The grant programme has two strands: one-off grants to test new approaches or add value to current work (up to €7,000/£6,000) and; one-off or multiannual (up to 3 years) grants for more strategic work (up to €25,000/£21,500).

Details of the scheme including criteria and a link to the relevant online application forms can be found [here](#).

The deadline for applications is **Monday 9th Sept 2024**. Please contact us at [info@ssgt.ie](mailto:info@ssgt.ie) if you require further information.



## ► Community Centres Investment Fund 2024 - Refurbishment Grant



This capital fund of €20 million will provide funding for the improvement and refurbishment of existing community centres in both urban and rural areas.

Funding will be available under 2 Categories, with grants of between €10k and €100K available:

- **Category 1:** Small scale projects/improvements to facilities - €10,000 to €25,000
- **Category 2:** Larger scale projects - €25,001 to €100,000

Match funding is required for both Categories: a minimum of 5% for Category 1 and a minimum of 10% for Category 2.

Funding is available for capital works such as: -

- Projects which improve access for all to community facilities
- Works to improve communal facilities such as kitchen and toilet facilities
- Improvements to buildings that improve the usability of the facility e.g. kitchen and toilet upgrades, lighting systems and stage areas
- Improvements that will assist the applicant in providing additional or better services to the community for example additional facilities, repurposing existing space, kitchen upgrades to provide meals for the elderly and youth facilities
- Improvements to facilities which are necessary to meet fire safety and building regulations
- Retrofitting/energy upgrade projects that improve the usability or longevity of the facility and reduce energy bills
- Essential maintenance work

Information Guidelines on the fund can be accessed here: [Community Centres Investment Fund 2024 - Refurbishment Grant](#)

The Fund will open for applications from the **29th of July**.

## WEXFORD CYPSC WEBSITE

### → Wexford CYPSC Website : Service Updates



Wexford CYPSC website is an online directory of services and supports for children, young people and families in Co. Wexford. The website can be accessed [here](#).

If your service is included on the website, can you please take a few minutes to review your service details [here](#) to ensure that the information is accurate. The website contents can be updated simply by completing and returning the “**Service Details Update**” form which is available to access on the website [here](#).

New services can also be included on the website by completing [this form](#).

Thank you for your assistance in keeping the website up to date.