



Wexford CYPSC Newsletter

February 7th 2025

For information on services and supports for children, young people and families see [Wexford CYPSC](#)

For information on parenting supports and programmes, see [Wexford Parents Hub](#) or access on [Facebook](#)



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PARENTING SUPPORTS

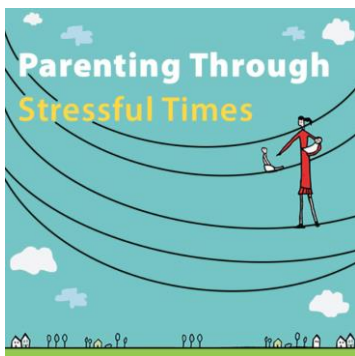
► "One Family" Supports for Parents



One Family is Ireland's national organisation for one-parent families.

One Family offer a range of parenting supports. Group based courses are currently offered via live zoom sessions to small groups of parents. There are opportunities at various times over the year to take the course in person when we partner with a community organisation.

The following supports are available : E-Learning for Parents, Parenting Courses via Zoom, In Person Parenting courses, Parenting Workshops



[Click here](#). For further information and to register



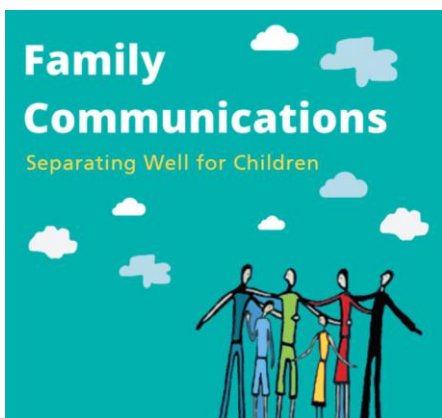
[Click here](#) for further information and to register



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For more information on One Family, visit the website [here](#).

► Free Online Training: Supporting Your Child's Transition to Primary School



The transition from preschool to primary school is a significant milestone for children and their families. To help support you during this time, the **National Parents Council (NPC)**, in collaboration with the **National Council for Special Education (NCSE)**, is offering **free online training sessions** designed to provide practical advice and guidance.

Session Dates and Times:

- **Monday, 10th February** at 7.30pm
- **Tuesday, 11th February** at 10am
- **Wednesday, 12th February** at 7.30pm
- **Friday, 14th February** at 10am

Session Details:

These sessions will be held **online via Zoom** and are structured into two parts:

☐ Main Session – Led by an NPC trainer, this session will last approximately **70 minutes**, providing practical strategies to support your child's transition to primary school.

☑ Optional NCSE Session – Following the main session, a **Special Education Needs Officer (SENO)** from the NCSE will deliver a **20-minute presentation** on their role in primary schools and how they support children with special educational needs.

This optional session may be particularly helpful for parents of children with additional learning needs, but all parents are welcome to attend.

How to Register:

To join any of these free sessions, simply register using the link below. Places are limited and will be allocated on a first-come, first-served basis.

[Register](#)

We look forward to welcoming you to these sessions and supporting you in preparing for this important transition.

Best regards,
National Parents Council

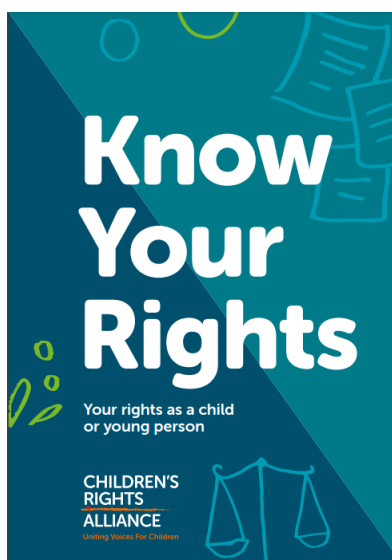
YOUNG PEOPLE

► Children’s Rights Alliance : “Know Your Rights” Guide for Young People



Do you want information on what rights and entitlements children have in Ireland? Do you need information on where to go when those rights and entitlements are not respected? The Children’s Rights Alliance has produced a guide on children’s rights and entitlements in plain language.

“Know Your Rights” is a guide for children and young people that explains their rights in Ireland. Written in plain language, it lists all children’s rights and other entitlements, including where to get help when these rights are not respected.



Know Your Rights was published in 2019 and was updated in 2022 to reflect legal developments and address specific questions children, young people and families arriving from Ukraine may have about their rights here in Ireland.

- [Know Your Rights – English](#)
- [Know Your Rights – Ukrainian](#)
- [Know Your Rights – Russian](#)

For further information and to download all documents, [click here](#).

Access the [Children’s Rights Alliance website](#) here.

► National Youth Council of Ireland: Local Champions Project



We are recruiting “Local Champions”, young people who have benefited from youth work who will advocate in their communities to ensure youth work funding is firmly placed on the political agenda.

NYCI will deliver a tailored training programme across the year for successful applicants, including an in-person training session on Sat 22nd March in Dublin, online evening workshops in Apr/May, and continuous support to empower young people to act as youth work advocates in their communities.

From there you will use the skills you have learned to lobby your local TDs and bring the impact of youth work home to your elected representatives.

Applications are now open for NYCI’s *Local Champions* initiative! If you’re 18–29 and passionate about youth work, this is your chance to develop skills, learn about local politics, and make your voice heard.

Applications close on **14th February**.

Find out more and apply here: <https://www.youth.ie/articles/applications-now-open-become-a-local-champion/>

WEBINARS & TRAINING

► Suicide or Survive: Free Supporters Programme Online

SOS is delighted to be bringing a Supporters Programme Online for the community in two half-day sessions, starting on the 10th of February from 9:30am to 1:30pm and finishing on the 17th of February from 9:30am to 1:30pm.

SUPPORTERS PROGRAMME

Are you supporting someone in your life who is struggling with their mental health?

SOS is delighted to bring a FREE Supporters Programme to those **supporting a loved one**.

This programme takes place online, both sessions must be attended.

10th February 9:30am-1:30pm

17th February 9:30am-1:30pm

Email info@suicideorsurvive.ie, call **01 272 2158**, or **scan this QR code** to register interest



This is an application based programme



Email: info@suicideorsurvive.ie Phone: 01 272 2158 Charity Number: CHY 16442

SOS recognises and understands that supporting someone who may be struggling with their mental health can be challenging. For this reason, we have developed an innovative programme for people supporting family members, friends, neighbours, people in their community and others who may be struggling with their mental health. It is the first of its kind in Ireland.

The Supporters Programme will:

- Teach you practical skills you can use to support others
- Give you information on supports and how the system works
- Provide you with practical tips and tools you can use to look after your own mental health

Please note that this programme is for people supporting someone on a **personal basis** and not from a professional basis. The programme is application based. If you are interested in attending, please click here and we will contact you. The Supporters Programme is free of cost. This programme will be delivered online over Zoom. Link will be sent to participants ahead of the start date.

Dates and Times

- Monday 10th February 9:30am-1:30pm
- Monday 17th February 9:30am-1:30pm You can find out more about the Supporters Programme on our website. For more information on this or any other SOS programme, you can call us at [01 2722158](tel:012722158) or email info@suicideorsurvive.ie



FUNDING

► LEADER Community Centre Funding



Wexford's LEADER Programme is open to expressions of interest for funding to upgrade community centres. €1,155,000 LEADER funding is available for:

- Upgrades, refurbishment and fit out of community centres,
- installation of community modular buildings and
applications can include complimentary actions to reduce the carbon footprint of the building.

For more information, [click here](#)