



## Wexford CYPSC Newsletter

December 6th 2024

For information on services and supports for children, young people and families see [Wexford CYPSC](#)

For information on parenting supports and programmes, see [Wexford Parents Hub](#) or access on [Facebook](#)



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## WEBINARS & TRAINING

### ► HSE Health & Wellbeing Tobacco Free Ireland Update Webinar

This webinar is now available and you can access the full recording [here](#). During this webinar, we heard insights on the latest updates on the HSE Tobacco Free Ireland Programme, the Quit Campaign and support services, free Nicotine Replacement Therapy and, E-cigarettes and vaping information.



Links to each speaker below:

- [Martina Blake, Tobacco Free Ireland Programme Lead, HSE Health & Wellbeing](#)
- [Stop Smoking Service Users](#)
- [Susan Mac Nicholas, Stop Smoking Advisor](#)
- [Darina Carr, Campaign Manager - QUIT Campaign](#)
- [Dr. Paul Kavanagh, Public Health Medical Advisor - Free Nicotine Replacement Therapy](#)
- [Edward Murphy, Tobacco Free Ireland Programme Project Manager, E-cigarettes and Vaping](#)
- [Prof. Bobby Smyth, Clinical Professor, Public Health & Primary Care](#)
- [Panel Discussion](#)
- [Stop Smoking Service User](#)

Further information to resources and supports are available through the recording [link](#)

## ► Foróige: Connect Safely Programme 8 to 11 years



An Roinn Eanáil, Coimisiún na n-  
Míchairde, Langhairíne na gCúig  
Department of Children, Equality,  
Disability, Integration and Youth



Connect Safely is an online safety programme which empowers children with the knowledge and tools necessary to recognise potential online risks, make informed decisions, and take appropriate actions to protect themselves while engaging in digital activities.

It also enables children to explore, learn and connect in meaningful ways within the online environment and seeks to empower young people to harness the full potential of the internet.

The programme is suitable for children aged 8-11 years. It includes the following topics: benefits and risks of the internet, cyberbullying, screen time and well-being, digital citizenship and gaming.

### Training

The online training is interactive, using experiential learning techniques to equip participants with the skills needed to facilitate the programme with young people aged 8-11 years.

The training is facilitated as a half-day online session.

### Training Outcomes

Following the training, participants will be able to:

- Describe the aims of the Connect Safely Programme.
- List the sessions of the Connect Safely Programme.
- State the outcomes of the Connect Safely Programme for participants.
- Identify key considerations when facilitating Connect Safely activities.

### Training Cost

Connect Safely is funded by the Department of Children, Disability, Integration and Youth and therefore is provided to participants free of charge.

On completion of the training, participants will receive a facilitators manual and access to an online portal developed specifically for the programme.

**Apply:** To apply for a place on training, please complete the [Online Registration Form](#)

Early application is advised as places are limited. Your registration will be reviewed and based on merit, places will be offered. Upon acceptance of a place you will be notified directly by email. Full attendance is necessary to become a trained facilitator of this programme.

**Jessica Murphy**

***Senior Youth Officer Connect Safely***

[086 4127292](tel:0864127292)

[connectsafely@foroige.ie](mailto:connectsafely@foroige.ie)

## ► Bereavement & Loss Workshops 2025



Irish Hospice Foundation's 2025 series of online workshops on bereavement and loss runs January to June. These workshops are targeted at professionals and volunteers who may wish to learn about bereavement and loss, and for those working with people who have experienced a loss. The aim of the workshops is to equip attendees with the understanding of the grieving process, communication skills, and appropriate methods for supporting those who are bereaved.

Workshops are €100 for a full-day workshop and €70 for a half-day workshop.

A small selection of the workshops available are displayed below. Browse all upcoming [workshops](#) on the website here. Click on each workshop to learn more and to register on Eventbrite.



### **Bereavement in the School Community for Primary School Staff**

31 January 2025



### **Supporting Secondary School Students with Bereavement & Loss**

14 February 2025



### **Children & Loss**

9 May 2025

## ► My Place To Play : Briefing Sessions



My Place to Play (MPTP) is a programme that aims to enhance parent-child interactions and the physical, emotional, cognitive and language development of infants and toddlers. It is a simple and evidence-informed tool to enhance parent-child interactions while also acting as an engagement resource for practitioners to build relationships with parents and caregivers. Interactions between parents and children are enhanced through the use of educational toys and books found within the My Place to Play packs by creating time and space for learning through play. The resources are provided through a facilitator in an initial engagement which then facilitates ongoing opportunities to build relationships between practitioners and parents.

The programme is divided into two components;

My Place to Play Baby Mat (0- 12months) and My Place to Play Toddler Play Bag (12-36 months). My Place to Play 2024 /25 is funded and supported by Children and Young People's Services Committees, Tusla Child and Family Agency Prevention, Partnership and Family Support and the Department of Children, Equality Disability, Integration and Youth. This funding will support services who are working with families in International Protection, emergency accommodation, cramped living conditions and those supporting Ukrainian families

For further details on MPTP, read the [information leaflet](#) here.

A series of **Briefing Sessions** have been organised, see below;

[Monday 09 December Session](#) 2pm

[Tuesday 28 January Session](#) 10.30am

[Wednesday 26 February Session](#) 2.30pm

[Friday 28 March Session](#) – 10.30am

► **Empower Your Community: Free Level 6 Family Literacy Training for Community Leaders : Open for Applications**



In collaboration with SETU, Waterford and Wexford Regional Adult Literacy Coalition is offering a free Level 6 Family Literacy module designed to empower community leaders with the skills and knowledge to develop and deliver family literacy programmes.

This module is suitable to individuals already engaging with groups from the ALL (Adult Literacy for Life) Strategy target cohorts, as they will be best placed to reach families who can benefit most from literacy support. We encourage you to nominate community leaders who can use this opportunity to make a meaningful impact, directly supporting the literacy needs of families within their communities.

Attached and below, you'll find a course poster with further details and how to register. This initiative is part of our commitment for the 2024 and 2025 Waterford and Wexford Regional Literacy Action Plan.

**Further Information and Application Process** : Further details of the course and how to apply are on the poster which is available to download here : [ALL Family Literacy](#). Learn more about the [Adult Literacy for Life \(ALL\) Strategy](#) here.

For more information, please see poster or contact [literacywd@setu.ie](mailto:literacywd@setu.ie)



## SUPPORT SERVICES

### ► AsIAM Christmas Portal



While some consider Christmas time to be the most wonderful time of the year, for some members of the community it can also be overwhelming. With a change of routine and the emphasis on merriment and festivities, it can be useful to have some extra supports to hand. We've put together some helpful resources, signposted to sensory-friendly events, and listed our Christmas opening hours below so you can prepare ahead of time for the festive season.

Access the [Christmas Portal](#) here.

#### [Christmas Resources](#)

Here you will find useful resources created by AsIAM to help Autistic people and their families navigate the Christmas period.

#### [AsIAM Information Line Opening Hours](#)

Our Autism information line, which you can find [HERE](#) can help to:

- Provide you with information on a range of matters that impact Autistic adults, children and their families
- Signpost you to the relevant AsIAM resources
- Direct you to the other relevant organisations and supports

The Information Line will be open from 10am to 3pm on the following days:

- Thursday 19th December
- Monday 23rd December
- Monday 30th December

All other days we are open as normal: There are three main ways to get in touch:

If you would prefer to speak to one of our team: Monday – Thursday 10am-3pm Call 0818 234 234

Instant Messaging is available: Monday – Thursday 10-3pm

If you would prefer to write to us: email [support@asiam.ie](mailto:support@asiam.ie) or use the Contact Form [HERE](#) any day of the week.

## ► Childline

Childline is a free, private and confidential service where young people can talk about anything.

Childline is a part of the ISPCC – which provides lots of Childline services and supports. Whether it's something big or small, trained volunteers are available online or on the phone to provide support.



Bullying & Abuse



Me & My body



Emotions & Mental Health



Sexuality & Relationships



Online Safety



Home & Families



Friendship



School



Disabilities & Different Abilities

Access the [Childline website](#) here.