

## **Wexford CYPSC Newsletter**

April 25<sup>th</sup> 2024

For information on services and supports for children, young people and families see

Wexford CYPSC

For information on parenting supports and programmes, see <u>Wexford Parents Hub</u> or access on <u>Facebook</u>



### **CONTENTS**

#### Consultations;

- P.3: Consultation with Children & Young People for new CYPP
- P.4 : Review of the experience of community / voluntary sector workers who are supporting young people with mental health difficulties in Co. Wexford

### Webinars & Training;

- P.5: Separation Network Workshops for Professionals
- P.7 : My Place to Play (MPTP) : Combined Briefing Sessions Baby & Toddler next session May 20th
- P.8 : Suicide Bereavement Training Carrick on Suir : Spaces Available
- P.9: Belong To LGBTQ+ Youth Ireland: New Service Helping Families Support LGBTQ+ Youth
- P.10 : Sláintecare "Right Care, Right Place, Right Time" webinar Delivering an enhanced primary care service for children and young people.
- P.11: Literacy Development Centre SETU: Applications are now open for 24/25

## **CONSULTATIONS**

## → Consultation with Children & Young People for new Wexford Children & Young People's Plan



As part of the consultation process to develop the new Wexford Children & Young People's Plan, we are consulting with **children and young people** in the county. An online survey has been developed to facilitate this. Thank you to the members of Comhairle na nÓg who assisted with the development of the survey.

The link to the survey is here: <a href="https://www.surveymonkey.com/r/3C76JKZ">https://www.surveymonkey.com/r/3C76JKZ</a>

Please share the link on your social media as appropriate and encourage any children and young people in your service to complete the short survey.

## → Review of the experience of community / voluntary sector workers who are supporting young people with mental health difficulties in Co. Wexford

Wexford CYPSC has a "Young People and Mental Health" Sub Group. This group has identified that the community/voluntary sector experience particular issues in relation to supporting young people who may be experiencing mental health difficulties.

The Young People & Mental Health Sub Group has developed an online survey which will be distributed to those working in the community and voluntary sector. The survey can be filled anonymously. The survey findings will document the experiences of professionals working with young people and their families in County Wexford and identify recommendations for improved service delivery.

Please click <u>here</u> for participant information in relation to the "Review of the experience of community/voluntary sector workers who are supporting young people with mental health difficulties in Co. Wexford".

The survey link / QR code is included in the participant information. If you are working in the **community/voluntary sector** please ensure that you share the link with other staff members in your organisation or share with relevant colleagues.

### Closing date for the survey is Friday 3<sup>rd</sup> May.

For your convenience the link and QR code are also available below;

**YPMH Survey Link**: HERE



#### **WEBINARS & TRAINING**

## → Separation Network Workshops



The Separation Network is providing the following Professionals Lunch & Learn workshops. See below for details of individual workshops and how to register.

## The Intersection of Domestic Violence & Separation



Your role as a front-line practitioner in supporting families post separation with the lived experience of domestic violence. Click <a href="here">here</a> to register.

## **Conversations with a Practicing Family Law Solicitor (Legal Aid Board)**



Supporting front line practitioners' knowledge and understanding of the family law system in Ireland. Click <a href="here">here</a> to register.

# Understanding the Role of Family Mediation in Supporting Parents to Separate Well for Children & Share Parenting Successfully



Click <u>here</u> to register.

### **Changing Families – Supporting Children's Needs When Parents Separate**



This training programme will be delivered in two parts. Part 1 is a self-directed E-learning course and Part 2 contains three interactive Zoom workshops. Click <a href="here">here</a> for information on how to register.

## **Exploring the Impact of Trauma on Parents When Faced with Separation**



Click <u>here</u> for more information and to register.

To access the One Family website, click here.

→ My Place to Play (MPTP) : Combined Briefing Sessions Baby & Toddler – next session May 20th



The Early Learning Initiative (ELI) would like to invite you to attend a My Place to Play Baby and Toddler Briefing Session. These briefings are for services who are working with families in International Protection and emergency accommodation and could support organisations in their work with Ukrainian families.

#### My Place to Play

My Place to Play is a programme that aims to enhance parent-child interactions and the physical, emotional, cognitive and language development for infants and toddlers living in international protection and emergency accommodation services. The programme is designed to be an interagency response to support families experiencing those living situations.

The briefings and packs are now available for professionals working with homeless families, Travellers and Domestic Violence Services. For full details of the MPTP Spring 2024 briefings, click <a href="https://example.com/here">here</a>.

The next briefing session take place on **Monday May 20<sup>th</sup> from 14:00 – 16:00 on Zoom.**Please click on the Zoom registration link <u>here</u> above to confirm your place on one of the briefing sessions.

If you have any questions about the "My Place to Play" project, do not hesitate to contact ELI Programme directly: <a href="mailto:eli@ncirl.ie">eli@ncirl.ie</a>

### → Suicide Bereavement Training - Carrick on Suir : Spaces Available

Suicide Bereavement Training will be held in the Carrick on Suir Primary Care Centre, St Brigid's Hospital Campus, Pill Road, Carrick on Suir, Co. Tipperary, E32 DK66 on Tuesday, 30 April from 9:30am to 4:30pm. To book a place on this course please visit: https://bookwhen.com/sro/e/ev-scpy-20240430093000

#### **Details of the training:**

This workshop is for professionals and key contact people who, in the course of their work, come into contact with people who have been bereaved through suicide. It explores the unique needs of suicide bereavement, equipping participants to provide support in the safest and most effective ways possible. Please click <a href="https://example.com/herea/beauty-the-new-most-effective-most-effectiv

For any queries relating to this training or others please email; <a href="mailto:trainingsro@hse.ie">trainingsro@hse.ie</a> or phone 051 874013. Please share this information with anyone who may be interested in attending the training.

Kind regards,

Sarah

Sarah Hearne

The HSE Regional Suicide Resource Office, Front Block, Waterford Residential Care Centre, St Patrick's Way, Waterford X91 KX25

087 77738634 | 051 874013 | www.connectingforlifesoutheast.ie

To access free online suicide prevention training, *Let's Talk About Suicide*, please visit <a href="https://traininghub.nosp.ie/">https://traininghub.nosp.ie/</a>

To book a place on any of our suicide prevention, self-harm or suicide bereavement training programmes, please visit www.bookwhen.com/sro

## → Belong To LGBTQ+ Youth Ireland: New Service Helping Families Support LGBTQ+ Youth



For some parents and family members, it can a challenging time when their child comes out as LGBTQ+. It is normal to feel confused, upset or that you don't know enough.

At Belong To, we are here to help.

Our new Family Support Service offers one-to-one support for the families of LGBTQ+ young people across Ireland. We can meet you in-person or online and share information and resources. Our Family Support Worker will also answer online queries. This is a free and confidential service.

#### FIND OUT MORE ABOUT THE FAMILY SUPPORT SERVICE

As part of this new service, we are hosting a Webinar for the Parents and Carers of LGBTQ+ young people.

This free, one-hour workshop will take place online on Tuesday, May 7th at 7pm.

In this workshop, we will cover the following topics: Supporting Your Child, Supporting Yourself, and Terminology And Language.

#### To register for this free online event, email family@belongto.org

It can be difficult for some parents when they learn that their is LGBTQ+ - from not anticipating this news and grieving the life they had imagined for a child, to feeling uncertain about how to best support your child in their school or community.

We also know from our work and research that there are better mental health and life outcomes for LGBTQ+ youth when they have the support of their parents. But you may need to support yourself first.

Whether someone in your family has come out as LGBTQ+, or you think your child may be LGBTQ+, we are here for you.

<u>Visit our website to make contact with our Family Support Worker, and share information about the upcoming webinar with anyone in your network who may need support.</u>

## → "Sláintecare Right Care, Right Place, Right Time" webinar - Delivering an enhanced primary care service for children and young people



This webinar showcased the Sláintecare funded "Linn" Children's Primary Care Team. The Linn team aims to create an overarching framework for the delivery of enhanced primary care services for children and young people in Galway City North and West, Network 5, Community Healthcare West.

If you would like to watch back the webinar, please view the replay link <a href="here">here</a> . All our previous webinars are available on the <a href="Sláintecare website">Sláintecare website</a> and our <a href="YouTube channel">YouTube channel</a>.



## → Applications are now open for 24/25 - Literacy Development Centre – SETU

Just a quick note to update you all on the method of delivery of all programmes, NFQ Level 6-8 at the Literacy Development Centre for the 24 / 25 Academic Year.

All modules will still be offered over two weekends, with the two Fridays (Day 1 and 3) delivered face to face in SETU Waterford, College Street Campus. Online deliver will occur on Saturdays (Day 2 and 4) for every module, which is reflected in the timetables below.

- Timetable Level 6 "Cert in Adult Literacy", click <a href="here">here</a>
- Timetable Level 6 "Cert in Teaching Essential Literacies", click <a href="here">here</a>
- Cert in "Adult and Further Ed", click here
- Cert in "Literacy Development", click <a href="here">here</a>
- Level 7 Cert in "Adult and Further Education", click <u>here</u>
- Level 8 "Teaching in Adult & Further Education", click here

For ease of access, please find below, the link for all applications for the timetabled Literacy Development Centre programmes from NFQ Level 6-8 for 2024/2025.

## <u>Literacy Development Centre Application Form</u>

Please note that the closing date for applications is **31**<sup>st</sup> **May 2024**, where applications will be reviewed following that date, as places are very limited on all programmes and will be offered to successful applicants following **31**<sup>st</sup> May.

Many thanks,

#### Dr Clare Power (she/her)

PhD, MA(Res), MSc, BSc, ML&DI Assistant Head of Department - Literacy Development Centre



College Street Campus, College Street, Waterford, X91 Y074, Ireland Campas Shráid an Choláiste, Sráid an Choláiste, Port Láirge, X91 Y074, Éire