



HSE SOUTH EAST COMMUNITY HEALTHCARE LGBT+ AWARENESS TRAINING



01.

LGBTQ+ Terminology

Exploring some of the different sexual orientations & gender identities and the terms/ words used to describe them

02.

PRONOUNS

What are pronouns?
How do we use them correctly?
What to do when we make a mistake
How to respectfully ask someone's pronouns



03.

LGBT+ HISTORY

Exploring some of the key developments of LGBT+ rights in Ireland



04.

WHAT IS IT LIKE TO BE LGBT+ TODAY?

Exploring key health issues experienced by the LGBT+ Community
Heteronormativity & Intersectionality
Homophobia, Transphobia & Biphobia



05.

WORKING WITH LGBT+ PEOPLE

Making our workplaces more LGBT+ Inclusive
Steps to creating LGBT+ welcoming & supportive workspaces as an individual & organisation
Coming Out



06.

EXTRA RESOURCES

HSE Good Practice Guidelines when working with the LGBT+ Community
LGBT+ Awareness Sticker
LGBT+ Awareness Card
Local & Regional LGBT+ supports & contact details

Available in-person or online
Available to HSE and non-HSE staff
Free of charge
Train the Trainer programme available
Requests from staff teams and organisations welcome
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