|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Monday  13-09-21 | Anam Cara  Info Sheet | [https://bit.ly/2WP36hr](https://scanner.topsec.com/?d=2304&t=35e689b16347b25ceb8de5c3f6d036971be38509&u=https%3A%2F%2Fbit.ly%2F2WP36hr&r=show) | [Facebook asset](https://scanner.topsec.com/?d=2304&t=ce8d3e494b8eb7107709a8912f2f0b3b092611b3&u=https%3A%2F%2Fdrive.google.com%2Ffile%2Fd%2F1uceEfDX2NlipiRha-KHT-nZWUS91AFmG%2Fview%3Fusp%3Dsharing&r=show) | Are you a bereaved parent? Grieving the death of a child is challenging and looking after yourself can help. Ask for and accept support. For more information visit [Anam Cara](https://scanner.topsec.com/?d=2304&t=1b75e7608df03fb0adcb2cd9bb5e9ed265df5c8f&u=www.anamcara.ie&r=show) #**HereForYouSouthEast** |
| Monday  13-09-21 | Anam Cara  Info Sheet | [https://bit.ly/2WP36hr](https://scanner.topsec.com/?d=2304&t=35e689b16347b25ceb8de5c3f6d036971be38509&u=https%3A%2F%2Fbit.ly%2F2WP36hr&r=show) | [Twitter Asset](https://scanner.topsec.com/?d=2304&t=79ee75a07bf1a7eb3b329964832d0a32a79066ce&u=https%3A%2F%2Fdrive.google.com%2Ffile%2Fd%2F1iVu57C9GKO0qDe7pJk_E5jH7D51TVq6D%2Fview%3Fusp%3Dsharing&r=show) | Are you a bereaved parent? Grieving the death of a child is challenging and looking after yourself can help. Ask for and accept support. For more information visit [www.anamcara.ie](https://scanner.topsec.com/?d=2304&t=67093c4e08e5c0a89d83346bf6f0e3497dc2e06b&u=http%3A%2F%2Fwww.anamcara.ie&r=show) or click the link for a free information sheet [https://bit.ly/2WP36hr](https://scanner.topsec.com/?d=2304&t=35e689b16347b25ceb8de5c3f6d036971be38509&u=https%3A%2F%2Fbit.ly%2F2WP36hr&r=show) **#HereForYouSouthEast** |