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| Wednesday  08-09-21 | Irish Hospice Foundation  Video | [#HereForYouSE Irish Hospice Foundation](https://scanner.topsec.com/?u=https%3A%2F%2Fwww.youtube.com%2Fwatch%3Fv%3DDW-Ysu7WE50&r=show&d=2304&t=fe610f6f580b76c17d8c6d05a4514a935cc487ec) | Paste the Youtube link into the post copy on Facebook and/or Twitter etc | If you are concerned about how you are doing after the loss of a loved one, bereavement support is available. Call the National Bereavement Support Line on 1800 80 70 77, Monday to Friday, 10 am to 1pm.  [#HereForYouSE Irish Hospice Foundation](https://scanner.topsec.com/?u=https%3A%2F%2Fwww.youtube.com%2Fwatch%3Fv%3DDW-Ysu7WE50&r=show&d=2304&t=fe610f6f580b76c17d8c6d05a4514a935cc487ec) **#HereForYouSouthEast** |